



UNIVERSITY OF CALICUT

(Centre for Distance and Online Education)

No: 78834/CDOE-G-ASST-2/2024/Admn

Dated, Calicut University P.O 06.05.2024

**NOTIFICATION**

**Ref : M.Sc Counselling Psychology (2014 Admission) Supplementary/ Improvement Exam  
Notification No.149011/EG-1-ASST-2/2018/PB dated 25.03.2024**

With reference to the above, it is notified for the information of all concerned that the M.Sc Counselling Psychology 2014 admission candidates at the Centre for Distance & Online Education (former SDE) who were absent or failed to secure the internal minimum for their I to IV semester exam papers shall submit an assignment in the course concerned along with Plagiarism report from the C.H.M.K Library , University of Calicut for the purpose of evaluation.

Instructions regarding the topics for the assignments to the candidates who were failed or absent to secure the internal minimum and also who have registered for the supplementary Examination are enclosed herewith.

The assignments should be submitted on or before 15.05.2024 to the Centre For Distance And Online Education (CDOE) , University of Calicut.

The earlier Notification No. 207942/SDE-H-SO/2015/Admn dated 17.02.2024 regarding the same is revised accordingly.

Clara Shirly Fernandez  
Deputy Registrar

To

The PRO

Copy to

PA to CE/Digital wing /JCE-5/DSSC - SUVEGA

Given below are the assignments for the various Papers of M.Sc. Counselling Psychology, 2014 admission, for which candidates were either absent or failed.

The candidates are expected to submit the assignment as a typed document along with a Plagiarism Report from CHMK library, University of Calicut (as per U.O.No. 11569/2023/Admn dated 24.07.2023).

For each Paper, the candidate can choose one of the essays and write the same in not more than 2000 words.

**M.Coun 111: Health Psychology**

1. Write an essay on the behavioural management of Psychophysiological Disorders with special reference to Tension Headache.

OR

2. Elaborate on life style management as a means for managing ones overall health

**M.Coun 113: Counselling Psychology – I**

1. Discuss in detail the role of counsellor in divorce and uncoupling process

OR

2. What are the different settings in which a counsellor can work in a consultant position. In each of these setting, what will be their roles and responsibilities?

**M.Coun 114: Counselling Psychology – II**

1. In what all conditions can a counsellor use and not use client centred approach? Explain the reason for each in detail

OR

2. What are the application of behavioural counselling in a school setting

**M.Coun 115: Exceptional Children**

1. Examine significant research works in the field of educating exceptional children offering a critical assessment of their contributions.

OR

2. Arun is a 10 year old boy with significant developmental delays and age inappropriate behaviours. Plan an assessment you would recommend for this child indicating the rationale, procedure and administration.

**M.Coun 117: Marriage and Family**

1. Given the variations in the kind of marriages practiced around the world, is it possible for a counsellor to have an universal approach to understanding and managing marital issues. Justify your answer.

OR

2. Mention the different types of marital conflicts and elaborate on the various strategies for their resolution and the care to be taken when selecting each.

**M.Coun 118: Substance Abusers**

1. A 13 year old boy has consulted you for a substance abuse related issue. He has been suffering from addiction to drugs, which is not yet disclosed to his family. He is not able to focus on studies, have problems with attention and struggles with processing of emotions as well as serious interpersonal difficulties. How will you address this issue? What are the steps you will take as a counsellor for management and treatment of this issue?

OR

2. What are the mental disorders that can co-occur with substance-abuse? Explain such disorders with a special focus on its impact on treatment recovery?

**M.Coun 119: Counselling on Disaster Preparedness**

1. Give a brief description of the social and psychological consequences of natural disasters and elaborate on why a counsellor should be a part of a disaster management team.

OR

2. What does Preparedness mean in the context of disasters. How can one be prepared and what is the role of a consultant counsellor in the process.

For the papers M. Coun 105, M. Coun 110, M. Coun 116, M. Coun 120a, M. Coun 120b, M. Coun 120 c in depth viva voce will be conducted. For M. Coun 105, M. Coun 110, Coun 120a, M. Coun 120b the students are expected to come with their records/reports for the VIVA.

